

Health & Wellness Expo 2010



Saturday, January 16, 2010 • 10 am – 2 pm
Circle Square Cultural Center

Receive educational information from Ocala/ Marion County healthcare related agencies about the latest medical advances and the healthcare services offered in the area. Munroe Regional Medical Center will feature 15 various hospital services including heart health, diabetes, stroke, nutrition and more.

Enjoy a complimentary 10-minute chair massage and make-up application provided by The Ranch Fitness Center & Spa.

Come by and experience high energy and fun fitness demonstrations presented by the On Top of the World and The Ranch Fitness Instructors.

Sponsored by:

On Top of the World.
Communities



For more information, call
352-854-8707 Ext. 10

Circle Square Cultural Center
8395 SW 80th Street Ocala, FL 34481 • www.CSCulturalCenter.com